



UNICITY Balance

(dietary supplement)

Highlights Of Prescribing Information

UNICITY BALANCE™
(Also known as **Bios Life® Slim** or **Bios Life® S**)

Formula for Healthy Cholesterol and Glucose Support

DESCRIPTION

Unicity Balance™ (also known as Bios Life® Slim or Bios Life® S) is a fiber-based, vitamin-rich nutritional supplement. Unicity Balance™ contains a blend of soluble and insoluble fibers, Unicity® 7× technology, phytosterols, policosanol, vitamins, and minerals that when combined with a healthy diet and exercise may lower total serum cholesterol, help achieve and maintain a healthy body weight and support overall metabolic health.

Unicity Balance™ is light orange in color. It is a hygroscopic crystalline powder that is generally soluble in water. Each serving of Unicity Balance™ contains 4 g of fiber from 7 sources to provide a truly unique fiber blend.

BENEFITS AND RESEARCH

It's estimated that Americans consume 10-12 g of total fiber per day, less than half the amount of the recommended daily intake. Epidemiological and clinical

studies have correlated high daily fiber intake with an improvement in metabolic health.

Unicity Balance™ is a nutritional supplement designed to increase fiber intake. Each serving of Unicity Balance™ contains four grams of fiber. When taken three times daily, Unicity Balance™ contributes half of the recommended daily value of fiber. Fiber supplementation has been shown to decrease preprandial and postprandial glucose levels, lower LDL cholesterol and apolipoprotein B levels, increase satiety, and facilitate weight loss.

Unicity Balance is a pre-meal drink with a proprietary fiber matrix that includes bioactive plant compounds, polysaccharides, and micronutrients. The fiber matrix is designed to help ease some of the impact that excess carbohydrates and cholesterol can have on the body. Balance is formulated to provide critical vitamins, soluble fibers, and minerals to help maintain normal blood sugar levels in the body and curb your appetite.

SUGGESTED USAGE

Dissolve the contents of one packet or one scoop into 8 to 10 fl. Oz. (240-300 mL) of liquid and stir vigorously. Drink immediately. Take with the largest meal of your day to slow the absorption of carbohydrates. For best results, combine with a form of intermittent fasting like 16:8.

SAFETY AND WARNINGS

People who do not have adequate fiber intake (like most of us) may experience effects originating from increased fiber intake. These effects may include loose stools, abdominal discomfort, constipation, or flatulence (gas formation). These are all normal effects of fiber in your diet, and are nothing to worry about. These effects will likely subside and disappear after a few weeks of using the product. If you would prefer, you can start by using a half dose of the product to allow your body more time to adjust. Always make sure that you drink adequate water with Bios Life S, as this can help to mitigate these effects.

HOW SUPPLIED

Unicity Balance™ is packaged in single-serving foil packets

REFERENCES

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Slavin, JL, (2005) Nutrition 21: 411-418.

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Duenas, V; Duenas, J; Burke, E and Verdegem, PJE (2006), 7th International Conference on Arteriosclerosis, Thrombosis, and Vascular Biology, American Heart Association, Denver, CO.

Verdegem, PJE (2007), Current Topics in Nutraceutical Research 5: 1-6 US Patent 6,933,291.

* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

PRODUCT PHOTO

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