



Unimate Lemon

Delicious, clean, crisp Unimate Lemon will provide a refreshing splash to your afternoon pick-me-up or morning beverage.



There are some days when you feel like you're on top of the world—it's those kinds of days where you accomplish more, and you do it with style. Other days, you feel unmotivated to complete tasks.

Yerba mate comes from a plant native to South America, where it has been consumed in community rituals for hundreds of years and contains naturally occurring antioxidants and nutrients. The yerba mate leaves in Unicity Unimate undergo a proprietary five-step process—handpicking, fire roasting, extracting, concentrating, and purifying. As a result, Unimate is a concentrated extract that highlights the features of yerba mate.

The convenient on-the-go packets make it easy to take Unimate with you for those longer excursions.

USAGE

Mix the entire contents of 1 packet (6.1 g) with 500-700 mL (17-24 oz.) of hot or cold water (add more or less to taste). Drink once or twice per day.

HOT



COLD

FEATURES

- High-quality, purified, ultra-concentrated yerba mate
- Yerba mate is a source of naturally occurring- Chlorogenic acids - Theobromine - Mate saponins - Antioxidants
- Convenient single-serving sachets
- Refreshing lemon flavor

TRY THIS!



Prepare your Uimate hot, and stir with a cinnamon stick.

Try adding a tablespoon of coconut oil to your Uimate.



Try Uimate Lemon with ice for a cool, delicious recharge.

WHEN TO DRINK



Before working out



In the morning to start your day



Between meals

INGREDIENTS

Green yerba mate leaf - Yerba mate comes from the leaves of the holly plant native to the central regions of South America. Yerba mate has been used by indigenous people for centuries. It contains polyphenols, which contain antioxidants.

Yerba mate contains naturally occurring chlorogenic acids.

- **Chlorogenic acids** - Chlorogenic acids are polyphenol compounds found in plants and seeds, such as yerba mate, green coffee beans, and tea.

Unimate is uniquely powerful thanks to Unicity's proprietary five-step process: handpicking, fire roasting, active biological molecule extraction, yerba mate concentration, and purification.



1 HANDPICKED

>



2 FIRE ROASTED

>



3 EXTRACTED

>



4 CONCENTRATED

>



5 PURIFIED

UNICITY

Unimate Lemon

FAQs

Who can take Unimate?

Unimate is intended for adults. Not suitable for pregnant or nursing women, children or people sensitive to caffeine. More than the recommended use should not be taken.

UNICITY Bios Life S



Unicity Bios Life S is a pre-meal drink with a patented fiber matrix that includes bioactive plant compounds, polysaccharides, and micronutrients.

FEATURES

- Biosphere Fiber: A proprietary blend of five soluble fibers
- Unicity 7x: A specialized blend of plant-derived polysaccharides
- Bios Cardio Matrix: A blend of plant extracts and phytosterols
- Bios Vitamin Complex: A blend of vitamins and minerals
- Convenient, on-the-go single-serving sachets
- Subtle orange flavor



*This product is not intended to diagnose, treat, cure, or prevent any disease.

UNICITY

USAGE

Take twice daily, 10–15 minutes before your largest meals. Mix each packet with 8–10 oz. (240–300 mL) of water. Mix vigorously in a shaker cup. Drink immediately.

INGREDIENTS

BIOSPHERE FIBER PROPRIETARY FORMULA

Ingredients: Guar Gum, Locust Bean Gum, Citrus Pectin, Oat Fiber, Beta-Glucans

UNICITY 7X

Unicity 7x is a specialized blend of plant-derived polysaccharides—also known as viscous fibers.

Ingredients: Proprietary Blend of Plant-Derived Polysaccharides, Gum Arabic

BIOS CARDIO MATRIX

Ingredients: Phytosterols, Policosanol (Sugar Cane Extract)

BIOS VITAMIN COMPLEX™

Ingredients: Calcium Carbonate, Vitamin C (Ascorbic Acid), Chromium, Vitamin A (Beta-Carotene), Vitamin E (D-alpha Tocopheryl Acetate), Niacin (Niacinamide), Zinc (Zinc Gluconate), Vitamin B6 (Pyridoxine HCL), Vitamin B12 (Cyanocobalamin), Folic Acid, Vitamin B1 (Thiamin HCL), Biotin, Vitamin B2 (Riboflavin).

IDEAL FOR

Adults looking to increase their fiber intake.

ORANGE JUICE POWDER

Orange juice powder provides the distinct flavor for Unicity Bios Life S.

Supplement Facts

Serving Size 1 Packet (7.25 g)

Amount Per Serving			% Daily Value*
Calories 20			
Total Fat	0g		0%*
Saturated Fat	0g		0%*
Total Carbohydrate	5g		2%*
Dietary Fiber	3g		12%*
Soluble Fiber	3g		**
Sugars	0g		**
Other Carbohydrate	0g		**
Vitamin A	750 IU	15%	• Vitamin B12 1 mcg 17%
Vitamin C	40 mg	67%	• Biotin 30 mcg 10%
Vitamin E	10 IU	33%	• Calcium 120 mg 12%
Thiamin	1 mg	67%	• Zinc 2 mg 16%
Riboflavin	1 mg	59%	• Chromium 100 mcg 83%
Niacin	15 mg	75%	• Sodium 10 mg <1%
Vitamin B6	1 mg	50%	• Potassium 5 mg <1%
Folate	150 mcg	38%	•

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

†Percent Daily Value is not established.

OTHER INGREDIENTS: Orange Juice Flavor, Orange Juice Powder, Maltodextrin, Citric Acid, Sucralose.

UNICITY Bios Life S

FAQs



Who can take Bios Life S?

We recommend Bios Life S for adults. Pregnant and nursing women should consult their physician before taking Bios Life S.

As with any nutritional supplement, if you have any questions, consult your healthcare provider prior to use.

Can I drink Bios Life S with other Unicity fiber products?

Each person's dietary fiber tolerance is different. When adding new sources of fiber to your diet, take it slow to avoid gastrointestinal discomfort.

Can I still take Bios Life S if I forgot to take it before a meal? Should I skip it if I already ate?

It is always best to have Bios Life S before a meal, but it would be better to take it late rather than not at all. It will still have some effect on the food that was eaten.

Can I take this product with less than the recommended amount of water?

Taking this product without the recommended amount of liquid may cause choking. Do not use this product if you have difficulty swallowing.